

## CLAIMS

What is claimed is:

1. A self-sizing sun visor, comprising:

a headband being provided, said headband having one or more layers of material, said  
5 headband being shaped as an elongated four edge band and having an upper edge,  
a lower edge, a first edge, a second edge, a forward headband midpoint, an inner  
surface, an outer surface and a first predetermined width, said headband being  
constructed from one or more elongated rectangular pieces;  
said first edge of said headband being attached to said second edge of said headband, thus  
10 forming a headband loop with an inner surface, an outer surface and a  
circumferential linear extent of a first predetermined length, said headband having  
an upper peripheral edge and a lower peripheral edge; and  
a visor of an essentially rigid nature being attached to said forward portion of said lower  
peripheral edge.

15 2. A self-sizing sun visor according to claim 1 wherein said headband being at least uniaxially  
stretchable.

20 3. A self-sizing sun visor according to claim 1 wherein said headband being at least biaxially  
stretchable.

4. A self-sizing sun visor according to claim 1 wherein a sweat absorbing foam liner being  
attached to said inner surface of said headband to facilitate a comfortable snug fit.

5. A self-sizing sun visor according to claim 1 wherein said first predetermined length of said headband being a short length sized to fit small to medium size heads comfortably.

6. A self-sizing sun visor according to claim 1 wherein said first predetermined length of said headband being a long length sized to fit large to extra large size heads comfortably.

7. A self-sizing sun visor according to claim 1 wherein the material said headband being made from being a stretchable cotton and spandex blend.

8. A self-sizing sun visor according to claim 1 wherein said first predetermined width of said headband decreases from a maximum width at said forward headband midpoint to a minimum width at the aft midpoint of said headband.

9. A self-sizing sun visor according to claim 1 wherein said first predetermined width of said headband increases from a maximum width at the aft headband midpoint to a minimum width at said forward midpoint of said headband.

10. A self-sizing sun visor according to claim 1 wherein at least one edge of said elongated four-edge band being curvilinear.

11. A self-sizing sun visor according to claim 1 wherein at least one edge of said elongated four-edge band being straight.

12. A self-sizing sun visor according to claim 1 wherein said headband being created from one or more headband segments, said headband segment being shaped as an elongated four edge band with an upper edge, a lower edge, a first edge, and a second edge and a first predetermined width;

5 said first edge of said headband segment being attached to said second edge of an adjacent said headband segment and so forth to create a closed loop a one or more piece, one or more layer said headband, said headband having an inner surface, an outer surface and a circumferential linear extent of a first predetermined length.

10 13. A self-sizing sun visor according to claim 4 wherein said sweat absorbing foam liner being attached to said inner surface of said headband with stretchable thread.

14. A self-sizing sun visor according to claim 12 wherein a said headband segment being a different color from the other said headband segments.

15 15. A self-sizing sun visor according to claim 12 wherein a said headband segment being the same color as the other said headband segments.

20 16. A self-sizing sun visor according to claim 12 wherein a said headband segment being sweat absorbent or non-sweat absorbent.

17. A self-sizing sun visor according to claim 12 wherein said headband being capable of construction of a mixture of more than two said headband segments, said mixture

including a uniaxially stretchable segment, a biaxially stretchable segment and or non-stretchable segment.

18. A self-sizing sun visor according to claim 12 wherein at least one edge of said elongated  
5 four-edge band being curvilinear.

19. A self-sizing sun visor according to claim 12 wherein at least one edge of said elongated  
four-edge band being straight.

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